# Stockingford Nursery School Newsletter April 2024



# Headteachers Letter

\*

Over the Easter holidays we have made improvements to the Health & Safety of our outdoor learning environment. In Little Nursery we have repositioned trees and provided a new artificial grass surface for the



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 $\mathbf{x}$ children. In Big Nursery we have invested in a new rubber crumb safety surface to keep children safer when 🐥 climbing, balancing and developing their physical/gross 🖌 motor skills. We have also relocated and replaced the ★ fencing, so the allotment area is now part of our teaching 🖈 space. Children have particularly enjoyed planting carrots \* and potatoes this week and are keen to observe changes 😤 as they grow. The Little Nursery team have been working together to develop a new grassed learning space that the 🐥 children will soon enjoy accessing. We have improved the 🖌 access to Big Nursery, so there is more space for \* pushchairs. As a result we will be fundraising with a \* sponsored dance event to purchase a new sandpit for Big 🕈 Nursery and outdoor learning resources for Little 😤 Nursery, to support teaching and learning.  $\frac{1}{2}$ 

# **Term dates**

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### Summer Term 2024

Term starts: May Day: Teacher Training Day Half term holiday Induction Day: Term ends: Teacher Training Day Monday 8th April 2024 Monday 6<sup>th</sup> May 2024 Tuesday 7<sup>th</sup> May Monday 27<sup>th</sup> May - Friday 31<sup>st</sup> May 2024 Wednesday 10<sup>th</sup> July 2024 Thursday 18<sup>th</sup> July 2024 Friday 19<sup>th</sup> July 2024



Nursery will be closed Monday 6th May (Bank holiday)

and Tuesday 7th May for a Teacher Training Day





We now have a LGBTQ Ambassador at our Nursery. Our School business Manager, Sara Ward, has taken on this role. She can be found in the Nursery Office.

# **Mental Health Awareness Week**

We will be supporting Mental Health Awareness Week again this year. It runs from 13th-19<sup>th</sup> May, and the topic this year is moving more for mental health.

If you would like more information, please go to the following link.



https://mentalhealth-uk.org/mental-health-awareness-week/

# If your child is absent from Nursery

Please remember to contact the Nursery on the day your child is going to be absent, you can either:



Myschoolapp Telephone Fmail

# 



(please ensure you put your **child's full name and the reason for their absence** in the text)

They should be at home until you feel they are well enough to come back to school. In the case of <u>sickness and diarrhoea</u> please make sure your child is symptom free for at least <u>48 hours</u> before returning to Nursery.

Please could you make sure all your phone numbers are up to date if not please let the office know of any changes.

# Website and Facebook

Our website address is www.stockingfordnurseryschool.co.uk

You can also find us on Facebook under the name:

Stockingford Maintained Nursery School.



facebook

# **Nursery application Forms**

Did you know you can put your child's name down for our Nursery from birth?



Like

# Medical Tracker

# **First Aid Incident and Medication Administration Notifications**

As you know, we work very hard to keep parents regularly informed about First Aid incidents and medication administration at school. To help make improvements in these areas, we have decided to use a service called Medical Tracker.

# We will be launching this during the Spring Term 2024.

Medical Tracker not only allows us to inform parents/carers of First Aid incidents and medication administration by email, but it also allows us to analyse the data we record.

Medical Tracker will be beneficial to you because:

- 1. We can record and track First Aid incidents that involve your child
- 2. We can record and track medication administration that involves your child
- 3. You may be notified as soon as possible after a First Aid incident by email
- 4. You may be notified as soon as possible after medication has been administered by email

To use Medical Tracker effectively, we need to collect the best email address to use to notify you of incidents.

Please fill in the slip on the letter sent out this week, <u>clearly writing your email address</u> and return it to the school office as soon as possible.





# The Department for Education states:

'The higher a pupil's attendance, the more they are likely to learn, and the better they are likely to perform. Being around teachers and friends in a school is the best way for pupils to learn and reach their potential. Time in a school also keeps children safe and provides access to extra curricular opportunities and pastoral care.'

If you are going on holiday please fill in a holiday form at the Reception desk.

# CHILDREN'S ATTENDANCE CHAMPIONS

The role of Attendance Champions is to monitor and support families to improve attendance. Regular and punctual attendance is very important and we know from many studies that children who attend well do better in school.

In Big Nursery Tina Shepherd and Katherine King are our Attendance Champions. In Little Nursery Jo Stubbs (Room Lead) and Katherine King (Acting Head and Lead DSL) are our Attendance Champions

**Big Nursery Attendance Champions.** 



Katherine King



Tina Shepherd

Little Nursery Attendance Champions.



Katherine King



Jo Stubbs

BIG NURSERY - CHILDREN'S ATTENDANCE Attendance - we aim for 85%, and last half term attendance for Big Nursery children was <u>80%</u>

LITTLE NURSERY - CHILDREN'S ATTENDANCE Attendance - we aim for 85%, and last half term attendance for Little Nursery children was <u>80%</u>.

# **Nursery Notices**

# **Big Nursery sessions are:**

- 9.00am 11.30am for the morning session.
- 12.40pm 3.10pm for the afternoon session.
- 9.00am 2.00pm for the extended day

# Little Nursery sessions are:

- AM Session 8.45am 11.45am
- PM Session 12.30pm 3.30pm

Please can you make sure you pick your child up on time, Nursery Staff need to clean between sessions and children can become a little upset if they are collected later. Thank you.

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Please can you ensure that your child brings a full change of clothes including socks (and nappy changing items and wipes if required). Make sure all coats and clothing is named.

Jewellery For safety jewellery should not be worn at Nursery unless for religious reasons.



# Suncream

As the weather is getting warmer, please may we ask that sunhats are provided and suncream is applied before Nursery.



# Footwear

Please can all children wear suitable footwear for climbing and exploring outdoors. We would discourage children wearing crocs or peep toe sandals, as this is more likely to lead



this is more likely to lead to injury or slip, trips or falls. Food & drinks to avoid Please click on the link for further information on what foods to avoid:

https://www.nhs.uk/start-for-life/ baby/weaning/safe-weaning/foodand-drinks-to-avoid/

# Term and Holiday Dates

Academic Year 2023-2024

# Autumn Term 2023



Teacher Training Day Term starts: Half term: Teacher Training Day Term ends:

Friday 1<sup>st</sup> September 2023 Monday 4<sup>th</sup> September 2023 Monday 30<sup>th</sup> - Friday 3<sup>rd</sup> November 2023 Monday 6<sup>th</sup> November 2023 Friday 22<sup>th</sup> December 2023

# Spring Term 2024

Term starts:

Half term:

Term ends:

Teacher Training Day Monday 8<sup>th</sup> January 2024

Tuesday 9<sup>th</sup> January 2024 Monday 12<sup>th</sup> - Friday 16<sup>th</sup> February 2024 Friday 22<sup>nd</sup> March 2024

# Summer Term 2024

Term starts: May Day: Teacher Training Day Half term: Induction Day: Term ends: Teacher Training Day Friday 19<sup>th</sup> July 2024

Monday 8th April 2024 Monday 6<sup>th</sup> May 2024 Tuesday 7<sup>th</sup> May 2024 Monday 27<sup>th</sup> May - Friday 31<sup>st</sup> May 2024 Wednesday 10<sup>th</sup> July 2024 Thursday 18<sup>th</sup> July 2024



# **SEN Group**

Stockingford Children and Family Centre & Library St Paul's Road Nuneaton CV10 8HW

# **Every Monday afternoon**

This session offers advice and play for under 5's

For more information and to book your place please ring 02476 383708



### Designated Safeguarding Leads (DSL's)

At Stockingford nursery School, our Designated Safeguarding Leads can also provide support and signpost to services.

Here are the team that can support you:

- Katherine King, , Acting Headteacher Designated safeguard Lead
- Sally Phillips, Teacher Deputy Safeguarding Lead
- Tina Shepherd, Senior Early Years Educator Named Designated Safeguard Lead.
- Jo Stubbs, Senior Early Years Educator Named Designated Safeguard Lead









Katherine King

Sally Phillips

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Tina Shepherd

Jo Stubbs

Under the Education Act 2002, schools must make arrangements to safeguard and promote the welfare of children. The Children Act 1989) requires all school staff to pass on information which gives rise to a concern about a child's welfare, including risk from neglect, physical, emotional or sexual abuse. Staff will seek, in general, to discuss any concerns with the parent/carer and discuss the need to make a referral to Children's Social Care if that is considered necessary. This will only be done where such discussion will not place the child at increased risk of significant harm or cause undue delay. The school will seek advice from Children's Social Care when they have reasonable cause to suspect a child may be suffering or likely to suffer significant harm. The school's Designated Safeguarding Lead carries out their responsibilities in accordance with the law and acts in the best interests of all children.'

# Well being corner

Welcome to our wellbeing corner which aims to provide support and ideas for keeping you and your child emotionally and mentally well. Each month this newsletter will offer tips, information and support for you and your child, so read through and have a go- you never know. Sometimes a small change can make a big difference! We are lucky in our Centre to have Mental Health First Aid staff who can offer a listening ear and if need be, guide you to finding the right support and services. Please ask if you would like any further information about Mental Health and Wellbeing. Never be afraid, worried or scared to ask for support! We are always here to offer a helping hand.

### **Mental Health First Aiders**



Sara Ward

### Looking after your own mental health

The NHS Every Mind Matters website have some useful information for anyone who feels they may need a little support or advice.

Parenting or caring for a child or young person can be tough. It's important to make sure you look after your own mental wellbeing, as this will help you support yourself and those you care about. Try to recognise and acknowledge when you're feeling low or overwhelmed. Struggling with something or experiencing your own mental health problems does not make you a bad parent or carer.

It's completely normal to be worried, scared or helpless during difficult times, and feeling this way is nothing to be ashamed of. Is there a friend, fellow parent or carer you trust enough to tell how you're feeling? Maybe there's family, friends or a colleague who could support you or allow you a break? There's plenty of help out there. You should never feel like you have to cope on your own. <u>Young Minds has lots of support for parents</u>, including a helpline and guidance around <u>parenting with a mental illness</u>. Mind has information and suggestions on how to manage <u>parenting with a mental health problem</u>.

Scope has advice on managing stress when caring for a disabled child.

https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/? WT.tsrc=search&WT.mc\_id=EMMParentsSearch&gclid=EAIaIQobChMIrbLH8sjc6wIVw7HtCh07jQjWEAAYASAAEgIJTvD\_BwE Well being corner

# Challenging behaviour in children

While it's normal to feel upset when your child is behaving in challenging ways, try not to take their behaviour personally. Often it isn't about you – as children are likely to take things out on the people they feel closest to and safest with. Some of these strategies might not work straightaway and can take time to get the hang of – so don't be hard on yourself if things don't change immediately.

When we talk about 'challenging behaviour', we mean behaviours that are persistent and difficult for both you and your child to manage – and that may have a significant impact on your child's wellbeing, daily routine, school life, and relationships with family and friends.

# Underneath their challenging behaviour, a child may be feeling:

worried • anxious • insecure • sad • uncertain • frustrated • angry • jealous • bored • overwhelmed • out of control • unsafe • ignored • unheard • invisible • unloved • guilty • ashamed

# How can I talk to my child about their behaviour and feelings?

- Find a suitable time and place to talk
- Make it clear that the behaviour is the problem, and not your child
- Explain why the behaviour is not okay so they understand
- Be curious, empathetic and non-judgmental about what's going on.
- Use simple phrases such as 'I notice there is a lot of shouting happening', 'I think something might be upsetting you', 'I feel worried you're not happy', and 'I need you to know you can talk to me about what's going on'.
- Reassure them
- Think together about other ways they can manage their difficult feelings

# What can I do about my child's challenging behaviour?

- Set clear boundaries and routines, and stick to these as much as you can
- Follow through on consequences
- Give your child positive praise
- Talk together about activities that help them to express their feelings and calm down
- Help your child understand their feelings
- Try to stay calm.
- Spend quality time with your child
- Talk to your staff at Nursery who will be happy to help and support you.



# British Values - Individual Liberty

Individual liberty or 'freedom for all' links to Self-Confidence and Self-Awareness from the Personal Social and Emotional Development section of the Early Years

Foundation Stage curriculum. We develop this value by encouraging children to make choices, to develop independence and to allow them to think for themselves. In Nursery, children are able to independently chose resources to extend their knowledge in the indoor and outdoor environment and



at Forest School. Through 'In the moment Planning' we take into account every unique child's starting points, individual interests and then scaffold learning to support them with their next steps for learning. This helps children to develop a positive sense of themselves and to become, confident, independent learners. We support this by providing a range of experiences that allows children to explore feelings and responsibility, encouraging children to voice their own opinions but to listen and value different opinions from others.

# What's happening at Stockingford Library



Are you bored after school on a Thursday? Why not come to Lego club! Lots of bricks and a new theme every week. 3.30 - 4.30pm

# Learn, Build and Play

For children aged 4 and above with their grown-ups. All children must be accompanied by an adult. (This activity is not suitable for younger children due to small Lego parts)

St. Pauls Road Nuneaton CV10 8HW





Join us for rhymes for 0-2 year olds Come and join in with rhymes suitable for a child from birth to toddler.

# THURSDAYS Ilam - II:30am

You are warmly invited to choose some books before you leave. We are so happy to welcome you into our Library and we hope you will have lots of fun with us.











We provide confidential, non-judgemental support, information and options to women and men who live in Warwickshire and are at risk from domestic abuse. Contact us: 0800 408 1552

Against domestic violenc

# Warwickshire Schools' Inclusion Charter Inclusion is Everyone's Responsibility

We wilk

### Our Vision:

For schools to be places where everyone feels valued, included, safe, supported and welcome. We will work together to enable all our children and young people. in Warwickshire to lead a fulfilling life and be part of their community.

## Welcome and Care

### We will:

- Understand that every child is an individual
- Recognise the value of inclusion
- Make time to get to know you and what is important to you and your family
- Establish and build on positive relationships
- Make time to respond to your needs
- Work dosely with all relevant people to ensure successful transitions
- Ensure children and young people's voices are at the heart of all we do



# The Charter:

This charter sets out what all children and young people and their families should expect from schools in Warwickshire, in line with the SEND Code of Practice.

# Communicate

- Listen calmiy and respectfully, with patience, ensuring you feel heard and understood.
- Establish how to provide and seek information in a way you can access and understand
- Recognise all behaviour is a form of communication
- Explain what can be done and any limitations Communicate in a way that means you can
- participate in planning and decision making Provide dear guidance on who to
- contact and respond promptly Make you comfortable by



using positive and helpful language Create and maintain communication friendly environments

Developing and nurturing each of these commitments to build TRUST





# Work in Partnership

### We will:

- Remember inclusion is everyone's responsibility
- Be proactive in providing reasonable adjustments
- Ensure our SBNCo is able to support families and staff
- Inform and support you of any planned changes as soon as possible
- Ensure that children and young people with SEND. are valued and included in pupil voice activities
- Identify needs early and assess, plan, do, review with support from appropriate agencies
- Ensure our children and young people have a trusted person who checks in with them
- at least weekly Have a 'can do' attitude and build on everyone's strengths

Recognise and meet the

training needs of our staff

### We will:

- Gveyou opportunities to share your views
- Do our best to understand and consider your ideas
- Involve you in developing shared plans for you. and our school

On behalf of IMPACT

(Young People's Forum for SEND)

- Value you as an equal partner and recognise your experience and knowledge
- Understand that every family is different and has different resources
- Engage with community groups
- Collaborate across settings to share good practice
- Work together with you and other people to recognise need and support you on your journey as a family





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Parent Carer Voice

Adapted with Genei H



Consortia and Area Networks

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Scan for SEHD

# Stockingford Nursery School Children & Family Centre and Library St Pauls Road, Nuneaton CV10 8HW



### TRUE COST OF LIVING the cost of living crisis is having an impact on all of us. But as food and energy prices soar, people already struggling to afford the essentials are being pushed into impossible decisions.

PAY EAT THE BILLS DINNE



# WHAT CAN WAIT?

Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.

Stockingford Nursery School can issue a food bank voucher to use locally. Please pop into reception anytime for further information.

Drop in for support and advice for all families in Warwickshire. Monday – 12:00pm – 2:00pm Stockingford Children and Family Centre

For families, children and young people 0-19 years old, or 0-25 years with additional needs

Family Support Worker Duty Line Telephone Number 01926 412412 9am -4pm Monday -Friday



The Early Help and Targeted Support Team











Please visit the link below:

http://childrenandfamilies.eventbrite.com