

Stockingford Nursery School Newsletter June & July 2024



Headteachers Letter



It is really positive to see how all the children have grown and developed new skills and knowledge over the last year. We are currently celebrating the children's achievements and supporting our school leavers, as they prepare to transition to their new Primary Schools. The Little Nursery children who will be joining Big Nursery have enjoyed coming to visit and have particularly enjoyed exploring the Big Nursery Garden. This will be an exciting adventure for them as they begin to develop their confidence to become more independent learners.

Recent work on People Who Help us have captivated the children's learning as the Fire Fighters came to visit and brought their Fire Engine and the Police and a Soldier came to teach us about keeping safe. 'Dave the Builder' has shown the children bricklaying and has created two planters for our Big Nursery Garden. Road Safety Officers from the Road Safety Education team have been teaching the children about road safety and developing an awareness of potential hazards. We are also appreciative of support from one of our parents who works at the hospital as a Nurse who came and provided a medical kit which sparked the children's imagination as they have enjoyed role playing taking care of each other. Thank you also to one of our little Nursery parents who came in their Pilots uniform and shared information about their role.

Mrs King - Headteacher

Thursday 18th July 2024

Big Nursery End of Year Picnic with family member 10.15am -11.15am or 1pm -2pm as arranged.

Little Nursery Party Celebration Day during session with staff team.



Monday 2nd September - Teacher Training Day

Tuesday 3rd September - Teacher Training Day

Wednesday 4th September - Home Visits for new starters

Thursday 5th September - Nursery re-open for Transition visits for new starters only.

Friday 6th September - Nursery is open for 30 hour returning children & new starters.

Monday 9th September - Nursery is open for all returning children.



The last day for children will be Thursday 18th July. On behalf of the Governors and staff we would like to wish you all a wonderful summer holiday.

Childhood Infections Guidance

Childhood infections like measles and whooping cough are in circulation and children who are not vaccinated are not protected. Childhood infections can cause serious illnesses, hospitalisation, and life-long disabilities, however, many of these are preventable with a vaccine. It's important that vaccines are given on time for the best protection, but if a child has missed a vaccine, parents and carers can contact their GP to catch up.

It's really important that babies and children have vaccinations as soon as they are offered to make sure they are protected from the earliest possible age. The routine childhood immunisation programme is designed to provide early protection against vaccine-preventable infections from 8 weeks of age, with boosters offered at 12 months and before starting primary school.

WCC is urging families in Warwickshire to check if their children are up to date with immunisations, including the MMR vaccine which protects against measles, mumps and rubella. The MMR vaccination is proven to be very effective and safe in protecting children against these highly infectious illnesses, which are easily spread between unvaccinated people.

Whooping cough affects all ages, but for unvaccinated babies and very young children it can cause serious complications. It's vital that pregnant women contact their GP surgery or antenatal clinic and get vaccinated against whooping cough to protect their babies from birth.

Vaccinations are important at any age and it's never too late to get vaccinated, particularly if you are pregnant, have a weakened immune system or a long-term health condition.

Local Welfare Scheme - support for families who may be struggling financially

If you are a family who is struggling financially, the council's Local Welfare Scheme is here to help. They can provide financial support and advice for people in crisis who need support with food, energy and water bills.



If you need help please see the contact information below:

Warwickshire Local Welfare Scheme - 01926 359182 or 0800 4081448

www.warwickshire.gov.uk/localwelfarescheme

For information about wider support from the council and other services:

<https://www.warwickshire.gov.uk/costofliving>

Reminder

Please could parents look at home with their child and return any toys and resources that may belong to Nursery such as cars, trains, small plastic bears, small world figures, pretend money.

Thank you.



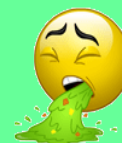
If your child is absent from Nursery

Please remember to contact the Nursery on the day your child is going to be absent, you can either:



Myschoolapp
Telephone
Email

02476 383708
parents1041@welearn365.com



(please ensure you put your child's full name and the reason for their absence in the text)

They should be at home until you feel they are well enough to come back to school. In the case of **sickness and diarrhoea** please make sure your child is symptom free for at least **48 hours** before returning to Nursery.

Please could you **make sure all your phone numbers are up to date** if not please let the office know of any changes.

Transition to School

Please click on the following links for more ways to help your child with their transition to school:

Supporting your child to manage change Pre School to Reception

https://www.youtube.com/watch?v=h_163966H0w&t=6s

Warwickshire Guidance: Transitions into Reception

<https://www.warwickshire.gov.uk/education-send/transitions-reception-primary-school>

Moving-up Guidance for parents of children moving up to a new school

<https://inourplace.co.uk/moving-up/>

Parents Fact Sheet produced by PACEY: Transitions and Settling In

<https://www.pacey.org.uk/Pacey/media/Website-files/Parent%27s%20essentials/PFS05-Transitions-and-settling-in.pdf>

Parents' Guide produced by PACEY: Preparing your child for school

https://www.pacey.org.uk/Pacey/media/Website-files/school%20ready/PACEY_preparingforschool_guide.pdf



Warwickshire
Adult & Community Learning

Family Learning: 'Moving On'

Certificate



NEW Family Learning Qualification for 2024-25!

Venue: Stockingford Nursery, CFC & Library, Nuneaton Thursdays from September
2024

Our unique programme is designed specifically for parents and carers to gain a Level 1 and 2 qualification* in a family-friendly, flexible way.

FREE!

Why do this course?

- You can help your children
- Brush up your own skills and get back into learning
- Progression route into employment or further education

Applications taken throughout the academic year.

Book an enrolment session: <https://tinyurl.com/3ve55j8w>

Find out more: FamilyLearningACL@warwickshire.gov.uk

Visit our website: www.warwickshire.gov.uk/acl



Book an enrolment session here:

This link will take you to an Eventbrite booking page where you can request an enrolment session. Alternatively, you can email us.



This FREE course offers:

- **Fast-track options, with online and in person opportunities, to allow you to choose your learning pace and fit around your family life**
- **Support and guidance from experienced and qualified teachers**
- **Modules that are meaningful to family life**



Example modules:

- **Family Cooking Skills**
- **Supporting Children's Literacy and Numeracy Development**
- **Family Relationships**
- **Using Craft Activities with Children and Young People**
- **Understanding the Importance of Play**



Opportunity to learn in your own time with some self-access modules

Please speak to a member of the Family Learning team for more information.

** Level 1 is running 2024-25, and Level 2 is running 2025-26.*



Raring2go Magazine

Please click on the link below to see lots of activities families can do for over the summer break.

<https://magazines.raring2go.co.uk/coventryandnuneaton/summer2024/>

Term and Holiday Dates

Academic Year 2024-2025



Autumn Term 2024

Teacher Training Day	Monday 2 nd Sept 2024
Teacher Training Day	Tuesday 3 rd Sept 2024
New starters Home Visits	Wednesday 4 th Sept 2024
New Starters Induction Visits	Thursday 5 th Sept 24
New starters & 30-hour children	Friday 6 th Sept 24
All returning part time children	Monday 9 th Sept 24
Half term:	Monday 28th - Friday 1st Nov 2024
Term ends:	Friday 20 th Dec 2024

Spring Term 2025

Teacher Training Day	Monday 6 th Jan 2025
Term starts:	Tuesday 7 th Jan 2025
Half term:	Monday 17th - Friday 21st Feb 2025
Term ends:	Friday 11 th Apr 2025

Summer Term 2025

Term starts:	Monday 28 th Apr 2025
May Day:	Monday 5 th May 2025
Half term:	Monday 26th - Friday 30th May 2025
Term ends:	Monday 21 st July 2025

2 more Teacher Training Days to be confirmed

Designated Safeguarding Leads (DSL's)

At Stockingford nursery School, our Designated Safeguarding Leads can also provide support and signpost to services.

Here are the team that can support you:

- Katherine King, , Acting Headteacher - Designated safeguard Lead
- Sally Phillips, Teacher - Deputy Safeguarding Lead
- Tina Shepherd, Senior Early Years Educator - Named Designated Safeguard Lead.
- Jo Stubbs, Senior Early Years Educator - Named Designated Safeguard Lead



Katherine King



Sally Phillips



Tina Shepherd



Jo Stubbs

*Under the Education Act 2002, schools must make arrangements to safeguard and promote the welfare of children. The Children Act 1989) requires all school staff to pass on information which gives rise to a concern about a child's welfare, including risk from neglect, physical, emotional or sexual abuse. Staff will seek, in general, to discuss any concerns with the parent/carer and discuss the need to make a referral to Children's Social Care if that is considered necessary. **This will only be done where such discussion will not place the child at increased risk of significant harm or cause undue delay.** The school will seek advice from Children's Social Care when they have reasonable cause to suspect a child may be suffering or likely to suffer significant harm. The school's Designated Safeguarding Lead carries out their responsibilities in accordance with the law and acts in the best interests of all children.'*

Well being corner

Welcome to our wellbeing corner which aims to provide support and ideas for keeping you and your child emotionally and mentally well. Each month this newsletter will offer tips, information and support for you and your child, so read through and have a go- you never know. Sometimes a small change can make a big difference!

We are lucky in our Centre to have Mental Health First Aid staff who can offer a listening ear and if need be, guide you to finding the right support and services. Please ask if you would like any further information about Mental Health and Wellbeing. Never be afraid, worried or scared to ask for support! We are always here to offer a helping hand.

Mental Health First Aiders



Sally Phillips



Sara Ward

Looking after your own mental health

The NHS Every Mind Matters website have some useful information for anyone who feels they may need a little support or advice.

Parenting or caring for a child or young person can be tough. It's important to make sure you look after your own mental wellbeing, as this will help you support yourself and those you care about. Try to recognise and acknowledge when you're feeling low or overwhelmed. Struggling with something or experiencing your own mental health problems does not make you a bad parent or carer.

It's completely normal to be worried, scared or helpless during difficult times, and feeling this way is nothing to be ashamed of. Is there a friend, fellow parent or carer you trust enough to tell how you're feeling? Maybe there's family, friends or a colleague who could support you or allow you a break? There's plenty of help out there. You should never feel like you have to cope on your own. Young Minds has lots of support for parents, including a helpline and guidance around parenting with a mental illness. Mind has information and suggestions on how to manage parenting with a mental health problem.

Scope has advice on managing stress when caring for a disabled child.

<https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/>

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FUN THINGS TO DO THIS

Summer

1. Paddle in the sea or shallow river with a friend
2. Walk barefoot in the grass
3. Do bubble paintings - straws , paint and washing up liquid
4. Make a seasonal fruit smoothie (even better go fruit picking for it)
5. Cook sausages on a BBQ, Fire pit or open fire with an adult
6. Go for a walk and take a picnic for halfway
7. Play the car colour game
8. Have a water bomb fight
9. Run under a water sprinkler
10. Go sand dune jumping
11. Watch a full sunset
12. Watch a full sunrise
13. Do a butterfly painting
14. Learn a new song
15. Learn a new poem
16. Go on a bear hunt
17. Make your own musical instruments
18. Make fruit cocktails complete with mini umbrella
19. Make your own muffin pizzas
20. Go to an outdoor show/fair/market
21. Visit somewhere in your locality
22. Visit a different locality and send a postcard from there
23. Have a mad hair day
24. Wear PJ's all day
25. Camp (outside or in)
26. Ride a pony (make a pool noddle one)
27. Have a topsy turvy day (breakfast for dinner , pudding first)
28. Have a day without electronics
29. Find an unusual place to read a book
30. Make real lemonade with real lemons
31. Create a tropical setting in your home or garden and have a tropical day
32. Have a cinema day at home
33. Make popcorn from corn
34. Make a picture collage of your summer





Well being corner

LOOKING AFTER YOUR MENTAL HEALTH IN THE SUMMER HOLIDAYS

Ahh the school holidays...time to relax and enjoy some sunshine (if the weather allows).

For many of us, summer is the season of fun and freedom but for some of us it can become stressful. Below are some valuable tips for supporting your mental wellbeing.

Don't do away with the routine - Long lie-ins are a must sometimes but if you're sleeping lots every day, it can have a negative impact on your mental health. It's ok to relax your routine a little – we're not suggesting 6am starts – but try to go to bed at a reasonable time and get up not much more than an hour later than you normally would. Have a shower and get dressed, even if you've got no planned. You'll feel refreshed and more energised.

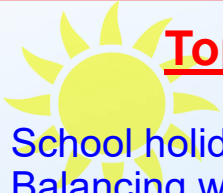
Get planning - If you're struggling to get motivated, planning your time can help. Give yourself something to do every morning and afternoon, and make sure you have a good mix. Schedule in some time for gaming, reading or watching TV and add in a couple of chores.

Practise a summer of self-care - Self-care is all about being kind to yourself, listening to what your body and mind need and making time for the things that make you feel good. Check in with yourself each morning and evening to see how you're feeling and if there's anything you need. Sometimes a few minutes of mindfulness, a short walk or a nice relaxing bath can do wonders. Try making a list of some feel-good activities and plan them out for the weeks ahead.

Enjoy the great outdoors - It might feel like we're miles from the countryside but there's more to see than you might think. There are beautiful parks and nature reserves such as Coombe Abbey and Hartshill Hayes. Whatever works for you, try to get outside at least a few times a week.

Stay connected - If you can't meet up with your friends over the summer, six weeks can feel like a lifetime. Having some company is important for everyone, so make an effort to catch up with family members and keep in touch with friends if possible.

<https://forwardthinkingbirmingham.nhs.uk/boost-your-mental-health-during-the-school-holidays/>



Top Tips for Surviving the School Holidays

School holidays can be a difficult time, especially working parents. Balancing work with childcare is hard and often expensive. Even if you are home, keeping children entertained can be tough, especially when the weather is bad and going out is more of a challenge. But get it right and the holidays can be a lovely time for everyone, including you. Here are some tips for surviving, and even enjoying, the school holidays.

Ways to Manage the School Holidays

1. Involve Other People

Your friends, particularly those with children or the parents of your children's friends, will also be trying to find ways to entertain their children during school holidays.

Doing things together will provide ready-made entertainment for the children, and adult conversation for you. In summer, you can meet up somewhere outside, including the park, or go to a café with some outdoor play space. In winter, you can go to each other's houses, to soft play areas or even to museums. The children can play together while you can have a cup of tea or coffee and a chat.

2. Use Community Resources

Community resources, such as churches and libraries often have craft activity sessions or days during school holidays and, better still, they are likely to be inexpensive. Even if you have to stay, it will still keep your children occupied and busy, and you will probably get a cup of tea or coffee. Do not try to do too much, especially if it is free as you can always go back.

3. Look Out for Sports and Other 'Camps'

Schools and sports centres are well aware that parents work, and that children need entertaining. Most schools will run some kind of holiday clubs, many of which are open to the wider community and not just to children at the school. Some run very specific sports clubs, or coaching sessions, which can be good if your child is into sports.

4. Use the Rest of the Family

School holidays are a good time to draw on family resources. Look on it as giving your children a chance to spend time with cousins/grandparents/other relatives. You may be able to do this on a day or overnight basis, depending on distances and also your children's ages. Alternatively, consider a 'child share' with other family members, where you take their children for a few days and they then reciprocate.

5. Use Free and Subsidised Resources

Many museums, particularly in bigger cities, are free or heavily subsidised, making them cheap options for entertainment.

6. Plan Ahead

If you have four, six, or even more weeks of holiday ahead of you, it pays to plan ahead. In particular: Mark out when you are planning to be away on holiday together, and make sure that you give yourself enough time to do some packing beforehand and washing afterwards. Try to arrange to do at least one or two 'organised' things each week, such as days out with friends, or craft activities, so that the expectation on you for spontaneous entertainment is less. Space out your spending, especially if your budget is limited, so that expensive things do not all happen in the first week of the holidays leaving the rest as a bit of a let-down.

7. Go 'Out Of Season' on Activities

'In season' activities can be very busy. The best option is to do things at the 'wrong' time of year. For example, in summer go to soft play and indoor activities, or to the local swimming pool. In winter, wrap up warm and go and explore your local park. The idea is to avoid the crowds, but still give your children a chance to experience these activities.

8. Check for Special Offers and Events at Local Venues

Because so many people go away in the summer holidays, local venues like leisure centres and swimming pools often have special offers, especially mid-week. You can therefore do more with your children within budget. Plenty of venues, including museums and art galleries, also have special family events during school holidays. In the UK National Trust properties are particularly good at this.

9. Stock Up on Craft Activities or Equipment

Make sure that you have plenty of indoor activities in hand, planned and ready to go, especially for wet days, or if you unexpectedly have to do some work for a few hours. Look out for shops having sales of craft activities or kits, and stock up for emergencies, and use your local library or the internet as a source of ideas for craft activities that can be put together easily.

10. Plan a Treat for the End of the Holidays

For example, plan to take your children out somewhere special, perhaps a museum or theme park, or somewhere that they have wanted to go for a while. This has two main purposes. First, it acts as a milestone that the holidays are over and that everyone will be going back to school or work. Secondly, it acts as a reward for good behaviour during the holidays (or a positive reminder in the event of poor behaviour). Furthermore, it gives everyone, including you, something to look forward to, especially if you have any period of time without much planned.

Reference: Surviving the School Holiday (2018)

<https://www.skillsyouneed.com/parent/surviving-school-holidays.html>

What's happening at Stockingford Library



SATURDAY 13TH JULY
STOCKINGFORD LIBRARY
SUMMER READING CHALLENGE LAUNCH 11AM-4PM

COME AND JOIN US FOR A DAY OF FUN, FREE, CREATIVE
ACTIVITIES TO CELEBRATE THE START OF THE SUMMER
READING CHALLENGE



FOR CHILDREN AGED
4-11 & THEIR FAMILIES

Marvellous Makers



Stockingford Library

FREE Lego Club

Are you bored after school on a
Thursday?
Why not come to Lego club!
Lots of bricks and a new theme every
week.
3.30 - 4.30pm

Learn, Build and Play

For children aged 4 and above with their grown-ups.
All children must be accompanied by an adult.
(This activity is not suitable for younger children due to
small Lego parts)

St. Pauls Road Nuneaton CV10 8HW



Rhyme Time!



For 0-2 year olds
FREE! and their carers

Join us for rhymes for 0-2 year olds
Come and join in with rhymes suitable for
a child from birth to toddler.

THURSDAYS

11am - 11:30am

You are warmly invited to choose some books
before you leave. We are so happy to welcome
you into our Library and we hope you will have
lots of fun with us.



Stockingford Library

**JOIN THE LIBRARY IT'S FUN
AND IT'S FREE!**

**The library is open throughout
the summer holiday
Monday - Friday
8:30 - 5pm**

**Join the Summer
Reading Challenge**

**Marvellous
Makers**

**Rhyme Time Thursdays
11-11.30am**

**Lego Club Thursdays
3.30 - 4.30pm**

With a full membership you can use any Warwickshire library to borrow ten books, free of charge for three weeks.

You can even use the internet and other computer services including scanning and printing.

**Colouring table
available every day
through the summer**

To join the library please show one form of Identification with your name and address or photo ID or join online at

<https://www.warwickshire.gov.uk/jointhelibrary>

and we will post the ticket.



THE
READING
AGENCY

Summer Reading Challenge



Marvellous Makers

This summer, children aged 4–11 can visit Warwickshire libraries and become a 'Marvellous Maker'. Discover new stories, join in with free activities at the library, and explore their creativity – from junk modelling to puppets, butterflies to jewellery making.

Thursday July 25th

Junk Modelling Instruments

Monday July 29th

Butterflies and Bee Hives

Monday August 5th

Rainbow Fish and Kraken Cups

Thursday August 15th

Wooden Spoon Puppets

Thursday August 22nd

Pasta and Salt Dough Jewellery

Thursday August 29th

Wall Art and Book Marks

No booking required just drop
in between
10am - 11am



Stockingford Library

St. Pauls Road

Nuneaton CV10 8HW



Stockingford Nursery School Children & Family Centre and Library St Pauls Road, Nuneaton CV10 8HW



TRUE COST OF LIVING

The cost of living crisis is having an impact on all of us. But as food and energy prices soar, people already struggling to afford the essentials are being pushed into impossible decisions.

Take action

PAY
THE BILLS

EAT
DINNER



WHAT CAN WAIT?

Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.

Stockingford Nursery School can issue a food bank voucher to use locally. Please pop into reception anytime for further information.

Drop in for support and advice
for all families in Warwickshire.

Monday - 12:00pm - 2:00pm

Stockingford Children and Family Centre

Family Support Worker
Duty Line Telephone
Number

01926 412412

9am - 4pm

Monday - Friday

For families, children
and young people 0-19
years old, or 0-25
years with additional
needs



The Early Help and
Targeted Support Team



CHILDREN
& FAMILY
CENTRE



Warwickshire
County Council



Advice & Support



CHAT Health - A texting advice service for parents and carers of the pre-school child.

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

The Early Help and Targeted Support Team

Family Support Drop In for advice for all families in Warwickshire

For families, children and young people 0-19 years old, or 0-25 years with additional needs

Duty Line 01926 412412 - 9am – 4pm Monday – Friday



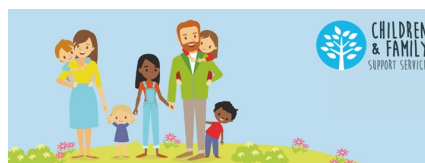
Drop In Sessions
Free and every week

Monday 12.00-2.00pm	Stockingford Children and Family Centre St Pauls Road, Nuneaton CV10 8HW
Tuesday 10.00am-12.00pm	St Michaels Children and Family Centre Hazel Grove, Bedworth CV12 9DA
Thursday 1.15-3.15pm	Camp Hill Children and Family Centre Hollystitches Road, Nuneaton CV10 9QA
Friday 12.00-2.00pm	Riversley Park Children and Family Centre Coton Road, Nuneaton CV11 5TY
Please note that times and dates may change during school holidays.	

Family Information Service (FIS)

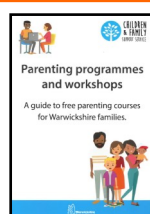
We provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing



Phone: 01926 742274

Website: <https://www.warwickshire.gov.uk/children-families>



Parenting Information

Parenting Programmes and 2 Hour Workshops

Please visit the link below:

<http://childrenandfamilies.eventbrite.com>

