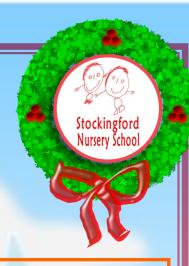
## Little Nursery Newsletter DECEMBER 2021



#### **Term dates**

**Autumn Term 2021** 

Term ends

**Spring Term 2022** 

**Teacher Training Day** 

Term starts New Children

**Term starts Returning Children** 

Half term Term ends

**Summer Term 2022** 

**Teacher Training Day** 

Term starts

May Day

Half term

**Teacher Training Day** 

Term ends

**Teacher Training Day** 

Additional Bank Holiday

Friday 17th December 2021

Tuesday 4<sup>th</sup> January 2022

Wednesday 5<sup>th</sup> January 2022

Thursday 6<sup>th</sup> January 2022

Monday 21st - Friday 25th February 2022

Friday 8th April 2022

Monday 25th April 2022

Tuesday 26th April 2022

Monday 2<sup>nd</sup> May 2022

Monday 30<sup>th</sup> May - Friday 3<sup>rd</sup> June 2022

Monday 6<sup>th</sup> June 2022

Wednesday 20<sup>th</sup> July 2022

Thursday 21st July 2022

Friday 22<sup>nd</sup> July 2022



#### If your child is absent from Nursery

Please remember to contact the Nursery on the day your child is going to be absent, you can either:



Telephone 02476 383708 Text 07511 213751

Email parents1041@welearn365.com

(please ensure you put your child's full name and the reason for their absence in the text)

They should be at home until you feel they are well enough to come back to school. In the case of <u>sickness and diarrhoea</u> please make sure your child is symptom free for at least <u>48 hours</u> before returning to Nursery.



Please could you make sure all your phone numbers are up to date if not please let the office know of any changes.

#### **REMINDER**

If your child is having to self-isolate can you phone 02476 383708 or if they have taken a COVID test due to having either a cough, temperature or loss of taste/smell, please can you email the results to parents1041@welearn365.com



#### Face coverings and Social distancing

Government guidance has changed, Face coverings are requested to be worn <u>inside</u> the building when dropping off and collecting children (unless you are exempt).



Please adhere to the 2 metre social distancing rule when inside and outside the building



Thank you for your understanding to ensure we keep everyone safe.

#### TEACHING AND LEARNING



#### When visiting our Nursery School

We welcome visitors to our Nursery School. We will act to ensure it remains a safe place for children, staff and all other members of our community. If you have concerns we will always listen to them and seek to address them.



Please be aware, however, that abusive, threatening or violent behaviour will not be tolerated. Visitors behaving in this way may be asked to leave.

#### **Children in Need**

We raised an amazing £61.72. Thank you for all your kind donations.



## Weather Warning Emergency School Closures

#### For the attention of all Parents & Carers

Please be aware that in severe weather conditions, it may be necessary for the Nursery to close. If this situation does arise, we will alert the local radio stations as listed below. Also, if you have access to the internet, you can visit

#### https://www.warwickshire.gov.uk/schoolclosures

This website provides continually updated information as it comes in from the schools.

The Nursery School will send a text out to parents if we need to close.

#### **Local Radio Stations:**

Free Radio 97 FM BBC Cov & Warks 94.8FN Heart FM 100.7F IMPORTANT

97 FM 94.8FM,103.7FM,104FM 100.7FM

Please only call the Nursery as a last resort, as staff may not have been able to get into work.

#### Makaton signs of the Month December

We will be helping children to communicate through Makaton signs and spoken language.



We are proud to say we are Makaton friendly

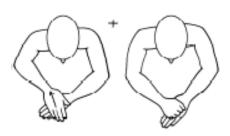


Toys

Whole formation

#### **Christmas**

Slide right hand over back of left hand towards body, then close right hand and place on back of left hand





**Christmas Tree** 

**Father Christmas** 



Mime holding sack over shoulder

#### Sleigh

Hands move quickly backwards and forwards together by wrist movement



#### Reindeer

Hands move up and out to show antler size





\* L

| 1000                   |  |                |  |   |
|------------------------|--|----------------|--|---|
| 22nd Wangie A.2 Ingen  | 15th  The house of the down of the down of the down of the | 8th Pudding    | Snowman  | Saturday  |
| Town                   | 16th   | 9th O          | 2nd  | Ma  |
| Sleep                  | 17th Candles   | Jesus          | 3rd  Output  O | Makaton Advent Calender  Monday Tuesday Wednesday |
| 25th Christ            | Honds make slight futher movements that Angel  | Hith Market    | Family   | dvent Ca  |
| Christmas Day          | 19th<br>King   | 12h<br>Holiday | Stars  | lender  |
| Father Show long beood | 20th Cake  | 13th Presents  | Нарру  | Thursday  |
| Stroke + O             | Pobin Robin  | Church         | 7th<br>Bells   | Friday  |

## Well being corner

#### **Your wellbeing this Christmas**

This year Christmas may look and feel very different. It is important to not put on much pressure on yourself so we have included some tips for supporting you and your family.

#### **Tips for coping during Christmas**

- Be gentle, generous and patient with yourself
- Plan ahead
- Manage relationships
- Look after yourself
- Talking to other people
- ♦ Get support



Instead of going to a Christmas carol concert or service, you could watch one on TV or join in with a virtual

If you'd usually share a meal with certain people, such as friends or co-workers, you could plan to order delivery or cook and eat a meal at the same time.

If you usually take children to a Christmas fair or to visit Father Christmas, you could help them write a letter to Santa instead.

Make Christmas crafts with your child to help decorate your tree or home.

If you are planning to give any gifts, you could exchange your gifts in advance, so you don't have to worry about it on the day.

#### **Connect with others**

#### Connect with people:

If there are people you'd like to speak to, you could arrange to talk over the phone or via video call. If you're worried about what to talk about, you could organise an activity to do at the same time. For example, this could be watching a film together or doing a quiz. Let others know your plan. It might help to say that you're happy to hear from them on Christmas day

#### Go online:

There are lots of ways to talk to people online, including with others who may be spending Christmas alone. Mind's online community **Side by Side** is a welcoming place to speak with others and share your experiences. And British comedian **Sarah Millican hosts a Christmas day chat on Twitter each year,** which anyone can join.

#### For more information, please log onto MIND:

https://www.mind.org.uk/information-support/tips-for-everyday-living/christmas-and-mental-health/christmas-and-coronavirus/#collapseb94d9

### Advice & Support



#### **CHAT Health**

A texting advice service for parents and carers of the pre-school child.

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

#### Family Support Drop In for advice for all families in Warwickshire

For families, children and young people 0-19 years old, or 0-25 years with additional needs





#### **Duty Line 01926 412412**

#### Family Information Service (FIS)

We provide information, advice and one-toone support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing

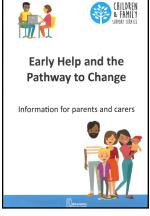
Phone: 01926 742274

Website: https://www.warwickshire.gov.uk/

children-families



#### Parenting Information



If you would like further information papercopies of these leaflets are available in Reception.





# NCSC Glossary

cyber industry. For an up-to-date list, please visit www.ncsc.gov.uk/glossary. This glossary explains some common words and phrases relating to cyber security, originally published via the @NCSC Twitter channel throughout December. The NCSC is working to demystify the jargon used within the

## Antivirus



Software that is designed to detect, stop and remove viruses and other kinds of malicious software.

## Cyber security



The protection of devices, services and networks - and the information on them from theft or damage.

### Firewall



which uses a defined rule set to constrain network unauthorised access to Hardware or software (or from) a network. traffic to prevent

# Ransomware

Two-factor authentication



makes data or systems unusable until the victim

**Ö** 

makes a payment.

Malicious software that

(2FA)

Also known as multi-factor The use of two different components to verify a user's claimed identity. authentication.

### Botnet



their owners' knowledge. to commit co-ordinated A network of infected cyber attacks without to the Internet, used devices, connected

# Internet of Things (IoT)



denied access to computer When legitimate users are

Denial of Service (DoS)

services (or resources). usually by overloading

Dos

the service with requests.

everyday objects (rather the Internet. Examples include kettles, fridges Refers to the ability of devices) to connect to than computers and and televisions. 

## Software as a Service (SaaS)



model where consumers access centrally-hosted software applications Describes a business over the Internet.

real one) in order to exploit visiting

compromising a

website (or

Setting up a fake

(watering hole attack)

Water-holing

Highly targeted phishing attacks (masquerading as legitimate emails) Whaling

into carrying out specific

information, that's of

use to an attacker.

actions, or divulging

Manipulating people

Social engineering

that are aimed at senior

executives.

# Bring your own device



An organisation's strategy employees to use their own personal devices or policy that allows for work purposes.

Macro



access to (or harm) a system. A small program that can attackers can use to gain Microsoft Office) which applications (such as automate tasks in

# Spear-phishing



like it's from a person the email is designed to look recipient knows and/or of phishing, where the A more targeted form

# Whitelisting



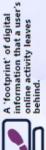
from potentially harmful order to protect systems within organisations in Authorising approved applications for use applications.

## Cyber attack



computer systems, networks or devices, via cyber means. damage, disrupt or gain unauthorised access to Malicious attempts to

# Digital footprint



that protects information A mathematical function online activity leaves Encryption

## Patching



by making it unreadable by everyone except those with

accessed as a service (usually

and storage resources are online), instead of hosted

Where shared compute

Cloud

locally on physical services.

the key to decode it.

Applying updates to firmware or software to improve security and/or enhance functionality.

Zero-day

virus disguised as legitimate software, that is used to hack into A type of malware or

the victim's computer.

sent to many people asking for sensitive information

Untargeted, mass emails

をを ので をはる

Collective term to

End user device

describe modern

Phishing

9

encouraging them to visit

a fake website.

(such as bank details) or

smartphones, laptops and tablets that connect

to an organisation's

not yet known to vendors vulnerabilities (or bugs), that hackers can exploit. or antivirus companies, Recently discovered 0

